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**ADICHUNCHANAGIRI
UNIVERSITY**

FACULTY OF MEDICAL & ALLIED HEALTH SCIENCES



TOTAL KNEE REPLACEMENT (TKR) CAMP AT AHRC-AIMS BY AIMS ALUMNI



A Transformative Initiative in
Honour of Paramapoojya Jagadguru
Sri Sri Sri **Dr. Balagangadharanatha
Mahaswamiji**

On the auspicious occasion of the **79th birthday celebration of Paramapoojya Jagadguru Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji**, Adichunchanagiri Hospital & Research Centre (AHRC), in association with the Alumni of AIMS and ACU, organised a special Total Knee Replacement (TKR) Camp.



Held under the divine guidance of Paramapoojya Jagadguru Sri Sri Sri **Dr. Nirmalanandanatha Mahaswamiji**, the camp ran from 18th January 2024 to 20th February 2024, with the noble aim of alleviating suffering among rural patients afflicted with severe knee disorders.



SHOULDER JOINT REPLACEMENT SURGERY TOTAL

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Addressing the Growing Burden of Knee Problems

Knee pain and degenerative joint diseases have become a significant health concern among the rural and economically weaker populations. Limited access to specialized orthopaedic care often results in prolonged disability, reduced mobility, and compromised livelihood. Recognizing this challenge, AHRC-AIMS envisioned the TKR camp as a platform to deliver **advanced surgical care**, restore mobility, and improve quality of life—**free of cost or at highly subsidized rates** for deserving patients.

Expert Surgical Team of AIMS-ACU Alumni

A highlight of the camp was the involvement of distinguished **AIMS, ACU Alumni**, renowned both nationally and internationally for their expertise in Orthopaedics:

- **Dr. T. N. Balakrishna Gowda**
- **Dr. S. K. Mahendra**

Their commitment to giving back to their alma mater and serving society epitomizes the values of the Adichunchanagiri lineage of healthcare and compassion.

Camp Statistics & Performance

The camp witnessed enthusiastic participation and significant clinical impact:

- **Total Registrations: 128**
- **Total Knee Replacement Surgeries Performed: 85**
 - Right Knee: 46
 - Left Knee: 39
- **Gender Distribution:**
 - Male Patients: 39
 - Female Patients: 46

A Record-Breaking Achievement

A remarkable milestone was achieved during the camp when **Dr. T. N. Balakrishna Gowda performed 31 Total Knee Replacement surgeries in a single day**, setting a new record and demonstrating outstanding surgical efficiency and expertise. This accomplishment reflects both the skill of the surgeon and the robust support of the AHRC orthopaedic, anaesthesia, nursing, and rehabilitation teams.

Impact on Rural and Economically Weaker Communities

The TKR camp stands as a testament to AHRC's commitment to **uplifting underserved populations**. For many beneficiaries, knee replacement surgery was previously unaffordable or inaccessible. Through this initiative:

- Chronic pain was alleviated
- Mobility was restored
- Independence and livelihood prospects were improved
- Social and psychological well-being was significantly enhanced

By providing high-quality orthopaedic care, AHRC continues to play a pivotal role in **improving the health index** of rural Karnataka.

Conclusion

The TKR camp conducted in honour of Sri Sri Sri Dr. Balagangadharanath Mahaswamiji exemplifies the core values of **compassionate service, medical excellence, and community upliftment**. Supported by the dedicated alumni of AIMS and the visionary leadership of ACU, this initiative has created a lasting impact on the lives of patients who regained mobility and hope.

AHRC remains committed to expanding such initiatives that bridge healthcare gaps and continue the mission of serving humanity inspired by the teachings of the revered Jagadgurus.

